

It's time for the **BAM Runathon!**

WHAT

A fun and spirited BAM tradition that promotes healthy activity while raising money for BAM! Students collect pledges from friends and family and run laps around the BAM track during PE on their Runathon day.

WHY

To promote good health, get kids excited about exercise, and give them a chance to raise money for THEIR school! The Runathon gives kids a unique opportunity to engage their community of friends and family to support BAM. It gets kids outside and running, while raising crucial funds for activities like PE, yard supervision, our arts program, literacy coaches, classroom supplies, field trips, and much more.

HOW

Help your child **reach out to family and friends to get pledges**. Pledges can be a per-lap amount (for example, \$2 for each lap the child runs) or a flat fee (for example, \$20 no matter how much they run). Your child will run during their PE time and come home with a certificate indicating how many laps were completed. **Once they've run, collect money from the people who pledged and return it, along with this form, to school by November 2.**

WHEN

Your child will run during one of their PE times October 15-19. **We need volunteers from each class to help out!** Your room parent will be contacting you to coordinate help.

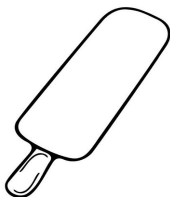
Monday Oct 15: Malloy, Williams

Tuesday Oct 16: Antonian, Zaragoza, Wright, Pitheau, McMurdo

Wednesday Oct 17: Hamilton, Jenkins, Palmer, Stephens, Khare

Thursday Oct 18: Weis, Khan, Thomas, Kelley

Friday Oct 19: Caporal, Cruchett, Ferguson



Any class that has more than 70% participation will get a **POPSICLE PARTY!** This means that if 70% or more of the students return at least one pledge, the whole class gets popsicles! Whoo hoo!

