

CLASS ENRICHMENT DESCRIPTIONS

(Please note instructors' grade limitations and different start and/or end times.)

Chess (2-5)

Chess is a fun activity for kids of all ages. It is by far the oldest, most respected game in history and never goes "out of style." Studies have shown that it cultivates sportsmanship and mental skills, particularly in the area of problem solving, which then is reflected in improvement of school grades. Students are encouraged to think logically and creatively, while getting immediate feedback on their decision-making. The class is in a one hour format beginning with a 15 minute lesson using a large demonstration wall board. Within this lesson all aspects of chess tactics and strategy are taught over the course of a semester. The remainder of the time is devoted to students playing against each other using standard sized tournament chess sets. These games are continuously overseen for the purpose of making suggestions aimed at correcting patterns of errors and improving the student's skills. Beginners and novices receive individual attention for their particular skill level.

Larry has been conducting chess classes in the BUSD continuously since 1996, and also gives private lessons to children and adults. He earned a National Master Certificate from the United States Chess Federation in 1997 and has competed in hundreds of tournaments over a 56-year span. He also holds a Master's rating in correspondence chess.

Info: Larry Snyder,
larry1901@sbcglobal.net

Grades 1-5
Thursdays, 3:30pm-4:30pm
Thursday, 4:35pm-5:35pm
Room 111

Class Size: Max 12 (11 Classes-Late
Start- Begins March 5th)

Fee: \$165
Partial scholarship: \$141

Art With Mocha (K, 1-5)

Imagine, Make and Create with MOCHA.

The Museum of Children's Art will present an after-school art class based on the elements of art, line, shape, color, texture, pattern and space. The art lessons are crafted to allow students with a wide range of learning skills to be successful in their art-making process while allowing for individual expression within the structure. Students will learn drawing and painting techniques such as observational drawing and coloring mixing. Will make a variety of 3-D sculptures with recycled materials and clay, create books & art journals, make prints, explore with textiles, build bridges and buildings and play with mixed media techniques. The emphasis is on creativity, learning techniques and building confidence.

Info: Roxanne Padgette
roxanne@mocha.org

Grade K
Fridays, 2:25pm-3:35pm
Room B-7

Grades 2-5
Fridays, 3:35pm-4:35pm OR
Fridays, 4:40-5:40
Room B-7

Class Size: Max 15 (13 Classes)

Fee: \$190
Partial scholarship: \$162

Choral Art (K, 1-2, 3-5)

This class will focus on tone/pitch and quality of the singing voice. It will encompass cultural and holiday songs, and learning percussion rhythms. Students will learn the joy of singing, especially for those just introduced to it. Music is traditional and simple. Music has movement and is meant to be fun. Games will be used to encourage participation. Class will include percussive instruments to establish rhythm in the body and learn how rhythm works in music. Rhythm sticks, bells, claves, triangles, maracas, sand blocks, guiros, drums will all be utilized.

Rhonda's mantra is, "No Music, No Life". She grew up in the San Francisco Bay area, and began her music study at 8 as a pianist, then on to viola at 12. At 16, she got her first job as a musician for SF's historic Third Baptist Church. In 1970, she traveled to Japan World's Fair with Lowell High Orchestra. She then studied Music Education at San Jose State University and formed the Rhonda Hudson Singers Choral Ensemble. After college, she served as pianist for several Bay Area churches and as Minister of Music in a Modesto Church. Upon returning to the Bay Area, she began singing with renown Gospel Artist Edwin Hawkins and Choral Ensemble Street Sounds, which toured the world. She has taught all over the Bay Area. Currently, she sings with Chelle and Friends, a 'Capella group called Chelle's Juke Joint, and the world renown, Love Center Choir.

Info: Rhonda Crane,
sfrhonda@yahoo.com

Grade K
Monday
2:25pm-3:25pm
Room B-7

Grades 1-2
Monday,
3:30pm-4:30pm
Room B-7

Grades 3-5
Friday,
3:30pm-4:30pm
Room 104

Class Size: Max 14 (12
Monday Classes, 13 Friday
Classes)

Fee: \$165
Partial scholarship: \$141

Cooking Round the World "International Celebrations" (K, 1-5)

Cooking Round the World after school cooking classes gives boys & girls the opportunity to learn about countries around the world by cooking and eating. We immerse a child into a new country and culture each class session. Children cook a special recipe from the country of the day, learn some language and map education, and hear a folktale. The program is very hands on; everyone peels or chops or dice or minces, etc. This fall we will look at International Celebrations. Partake in the merriment and enjoyment of specialty foods and celebration practices at International Festivals: Thai Songkran Festival, Brazilian Carnival, Italy's Feast of San Gennaro, Philippines Pahiyas Festival and German Oktoberfest. As we cook, we talk about the country of the day or our culinary experiences. The outcome is a new appreciation of food and a desire to see the world. Fun, educational and delicious! We are a nut free company. No tree nuts or peanuts in any recipe.

Mindy has been in the field of education for more than 20 years, teaching, writing curriculum design, and serving as a principal. Children leave a Cooking Round the World experience learning to respect difference, acquiring a broadened pallet, and with a desire to see the world.

Info: Mindy Meyers,
mindy@cookingroundtheworld.com

Grade K
Tuesday, 2:25pm-3:25pm
Cafeteria

Grades 1-5
Tuesday, 3:30pm-4:30pm
Cafeteria

Class Size: Max 9 (14 Classes)

Fee: \$195
Partial scholarship: \$171

Bay Area School of Magic (1-5)

Get ready to take an amazing adventure into the exciting world of magic. Learn how to teleport objects across the room, find hidden magical treasures and levitate a cup of popcorn just to name a few. In this course students will learn the three parts that make up a magic trick with a special focus on presentation. More importantly they will discover the real secrets to becoming a true magician as each lesson reveals an important life skill to help build their confidence and communication skills. Each lesson comes with a custom magic prop, a top secret file folder, and a secret word to unlock bonus videos in an online video vault.

Using the internationally recognized Discover Magic Curriculum, the Bay Area School of Magic is an educational program specifically designed to teach students the art of magic and how to perform it. Rather than hoping for life skills as a potential by-product from learning magic, the Bay Area School of Magic has integrated and created what we call the Traits of the True Magician into the course. A True Magician is Respectful, Prepared, Enthusiastic, Confident, Humble, Creative, Authentic and Giving. Our performance-based learning systems specifically target the most valuable social skills children can learn

Info: Brian Scott Ambrosch ,
brian@BrianScottProductions.com

Grades 1-5
Friday, 3:30pm-4:30pm OR Friday 4:35-5:35
Stage/MPR

Class Size: Max 20 (13 Classes)

Fee: \$190
Partial scholarship: \$162

Introduction to Henna Art (4-5) **New*

Henna is a very popular form of artwork in India, Pakistan and Nepal. It is a beautiful hand-crafted design displayed on skin, similar to a tattoo. In this class students will learn about the origin and use of Henna, and will learn the steps of creating Henna, first on paper then advancing to the hand.

One of Nimish Hitesh Barot's greatest passions is teaching Henna. She has taught students both in the United States and in India. Many of her students in India continued on to help support their families by doing Henna for special events.

Info: Nimish Hitesh Barot,
nimishahbarot@gmail.com

Grades 4-5
Monday, 3:30pm-4:30pm
Room B-1

Class Size: Max 12 (12 Classes)

Fee: \$165
Partial scholarship: \$141

Gesture Drawing with Mixed Media :Learning to think creatively (K) *New

Like any other part of the brain, the creative brain needs to be activated and exercised to develop and grow in elasticity. Drawing is the perfect calisthenic exercise to promote creative health and to increase kids comfort in transitioning between the analytical and creative modes of thought. This class will give students the opportunity to sketch and paint with minimal boundaries, teaching them to not focus on qualitative analysis of their work but instead on expression and agility. During each class students will experiment with media including charcoal, ink, mud, paint and pencil. Drawing subject matter will include still life, self portrait and life modeling (students will take turns drawing each other). The goal of this class is for students to have fun expressing themselves without worrying about trying to achieve realism or working within other boundaries.

Brian OKelley is a lifelong art-room nerd who grew up drawing everything from cartoons of animals to fighter jets and later people on the train. He studied fine art at Mass College of Art in Boston before dropping out to focus on freelance cartooning and book design back when computers had 10K of RAM and black and white monitors. After many years of design consulting and art direction he founded Futuredraft, a digital product design company based in downtown Oakland since 2012. Futuredraft's uses collaboration and workshop based design methods to bring "non-creative" types into the creative process through sketching and rapid ideation/iteration.

Info: Brian OKelley,
brian@futuredraft.com

Grade K
Thursdays, 2:25pm-3:25pm
Stage

Class Size: Max 12 (12 Classes)
Late start-Begins February 17)

Fee: \$165
Partial scholarship: \$141

Graphic Novels with Liv & Chiu (1-5)

Create your own graphic novel and let your imagination come to life! During our class, we will learn drawing techniques, perspective drawing, story development, explore character design, set design, while working with various art mediums. Each student will take these skills and create their very own graphic novel.

Liv & Chiu programs provide students of all ages opportunities to build their creative, academic, and social skills through in-depth, hands-on visual arts. We immerse our art classes in thematic artistic mediums where they can work within a structured environment while being free to test the limits of their imagination. Each project is designed to put the students in an environment where play, creativity and expression are validated through the process of making art. Students will be introduced to various mediums, artists from around the world and art vocabulary and concepts.

Info: Olivia Chen
livandchiuartsstudio@gmail.com

Grades 1-5
Wednesdays, 2:35pm-3:35pm OR
Wedensdays, 4:40-5:40
Room 205

Class Size: Max 13 (14 Classes)

Fee: \$190
Partial scholarship: \$162

Ultimate Frisbee (3-5) *New

Ultimate, also known as Ultimate Frisbee, is a fun, challenging, inclusive team sport. As a self-officiated sport, Ultimate develops character, self-reliance, listening ability, negotiating skills and leadership qualities. Ultimate promotes an inherent friendly dynamic between teammates and opposing teams, which is facilitated by the Spirit of the game. Curriculum includes ultimate skills (pivoting, catching, throwing, marking, cutting, faking, defending) and social-emotional skills (teamwork, conflict resolution, leadership, spirit).

Liz Jackson is a mother of two kids at BAM, a Berkeley resident since 2008, and a civil rights lawyer. She is a lover of ultimate frisbee since 1997. She loves to chase down frisbees on beaches and fields of grass, especially with kids. She loves to build frisbee teams where all members experience the beauty and fun of coordination, communication and self-governance, as a group. And of course, she loves, what ultimate players call, "the Spirit of the Game."

Info: Liz Jackson
Email: lizjackson@gmail.com

Grades 3-5
Monday, 3:30pm-4:30pm
Big Yard

Class Size: Max 20 (12 Classes)

Fee: \$165
Partial scholarship: \$141

Soccer 2gether (K, 1-2, 3-5)

Soccer 2gether has a vision to bring people together and create community through the great game of soccer. They are eager to develop soccer skills as well as life skills through exercises and games that engage our players in a variety of physical activities. Their program is focused on instilling basic motor skills, soccer fundamentals, self-confidence, and the virtues of teamwork and cooperation in a relaxed, unhurried and personal environment.

Nitzan Yerovam was born and raised in Israel and has been living in the Bay Area for twenty years. He played soccer for CCSF and has been coaching soccer since 2007. He is a certified soccer referee and soccer coach (D national certificate). In 2013, Nitzan founded Soccer 2together with the vision of bringing people together to build community and life skills through games and sports, with a focus on basic motor skills, collaboration, confidence, and team building in a relaxed and nurturing environment. He has been working with kids from preschool to adulthood.

Info: Nitzan Yerovam,
nitzanyerovam@gmail.com

Grade K
Thursday,
2:25pm-3:25pm
Big Yard

Grade 1-2
Thursday,
3:30pm-4:30pm
Big Yard

Grade 3-5
Thursday,
4:35pm-5:35pm
Big Yard

Class Size: Max 12 (14 Classes)

Fee: \$180
Partial scholarship: \$153

Kickboxing (K-5)

KickSmart is a non-competitive, school-friendly and non-violent youth-kickboxing program that is designed to combine mindfulness and fitness. Each KickSmart session consists of tough yet exhilarating kickboxing-based workouts followed by a guided meditation, which creates an enriching experience for each student. KickSmart uses the ancient martial art of Muay Thai to emphasize the importance of physical exercise and mindfulness practices. KickSmart builds confidence and is extremely fun for any student regardless of gender or age, but make no mistake, WE WORK HARD! All equipment is provided -- including boxing gloves.

Jon Lawrence is the founder and creator of KickSmart, a youth program for Kickboxing and Mindfulness. He has worked with youth specifically in the East Bay for nine years, and studied and trained martial arts for all of his adult life. Jon dreamed of combining his profession with his passion, and studied the martial art of Muay Thai in Thailand for months. Upon his return, Jon decided to turn what was then only a dream of a Muay Thai and mindfulness youth-program, into a reality. KickSmart promotes the idea that exercise does not only increase physical well-being, but is equally beneficial to the mind. Check out more details about Coach Jon and KickSmart at KickSmart4kids.org!

Info: Jon Lawrence
Jonlawrence9@gmail.com

Grades K-5
Wednesday, 2:35-3:35 OR
Wednesday, 3:40pm-4:40pm
Stage/MPR

Class Size: Max 15 (14 Classes)

Fee: \$180
Partial scholarship: \$153

Math Games and Puzzles, (K-1, 2-3)

Kindergarten and First Graders:

Does your child like to solve puzzles about numbers or pattern blocks? Has your child played "Race to a Dollar" or games with shapes? Do they like to throw dice and count? Then your child will be ready for hours of fun playing games like "I Have, Who Has?" which will engage your child, and encourage them to practice and reinforce all math skills. These games and puzzles will be a way to play with math and most importantly have fun!

Second and Third Graders:

If your child is ready for hours of fun playing games with numbers, money, time, and shapes, then this is the after school class for you! "I Have, Who Has?" will engage your child to practice and reinforce all math skills. Allowance Game, Dino Math Tracks, Connect Four, Geoboard Puzzles, and Tangrams (just to name a few) are waiting for your child.

Marian Snyder taught Kindergarten for 5 years, First Grade for 6 years, and was a Math Resource for Second, Third, and Fourth Graders for 5 years in the Piedmont School District. She also ran a Math Games and Puzzles class after school during her years as a Math Resource teacher. She has a great deal of experience working with K-3 children.

Info: Marian Snyder,
kindermar54@sbcglobal.net

Grades K-1
Wednesday, 2:35pm-3:35pm
Room B-7

Grades 2-3
Wednesday, 3:40pm-4:40pm
Room B-7

Class Size: Max 10 (11 Classes-Late
Start Begins March 4th)

Fee: \$165
Partial scholarship: \$141

Jedi Engineering using Lego (K)

The Force Awakens in this introductory engineering course for young Jedi! Explore engineering principles by designing and building projects using LEGO® materials such as X-Wings, R2 Units, Energy Catapults, Defense Turrets, and Settlements from a galaxy far, far away. Create motorized and architectural projects with imagination and engineering to defeat the Empire!

Play-Well TEKnologies teaches engineering, physics, architecture, robotics, and critical thinking to kids through building and playing with LEGO! When kids are at play, they explore the world. When kids create, they express themselves. And when kids build, they solve problems.

Info: Lauren Yee, lauren@play-well.org
Brian Oliva, brian@play-well.org

Grade K
Tuesday, 2:25pm-3:25pm
Room B-7

Class Size: Max 16 (14 Classes)

Fee: \$195
Partial scholarship: \$171

Jedi Master Engineering using Lego (1-5)

The Force Awakens in this advanced engineering course for young Jedi! Discover key engineering concepts such as gear trains, worm drives, pneumatics, eccentric motion. Build projects using LEGO® materials such as X-Wings, AT-AT walkers, Pod Racers, Star Destroyers, Cloud Cities, Settlements, Fortresses, and other complex machines and structures from a galaxy far, far away.

Play-Well TEKnologies teaches engineering, physics, architecture, robotics, and critical thinking to kids through building and playing with LEGO! When kids are at play, they explore the world. When kids create, they express themselves. And when kids build, they solve problems.

Info: Lauren Yee,
lauren@play-well.org
Brian Oliva, brian@play-well.org

Grades 1-5
Tuesday, 3:30pm-5:00pm (1.5 hour class)
Room B-7

Class Size: Max 16 (14 Classes)

Fee: \$220
Partial scholarship: \$187

Tennis (1-5)

East West Tennis is a fun, safe, interactive take on learning tennis. Our goal is to treat the game like a team sport by having participants cooperate to fulfill objectives and overcome obstacles. The basics, of course, will be taught, but our mission is to develop a mindset of teamwork in a sport that is otherwise solitary. Join us as we compete, learn, and play!

East West Tennis founder, Leo Kirkpatrick, is originally from New York, and has been teaching and coaching tennis for over five years, having worked with prestigious New York based tennis academies (Tennis Innovators and New York Junior Tennis League) as well as having an associate role with John McEnroe's Sportime academies. Now in the Bay Area, Leo seeks to bring his East Coast charm, approach, and attitude to the tennis of Oakland, San Leandro, Walnut Creek, Berkeley, and more!

Info: Leo Kirkpatrick
leomerya12@gmail.com

Grades 1-5
Fridays, 3:30-4:30 OR
Fridays, 4:35pm-5:35pm
Small Yard

Class Size: Max 12 (13 Classes)

Fee: \$180
Partial scholarship: \$153

Yoga (K,1-5)

Malachi's yoga classes will combine music, games, partner and group poses, fun sequences, books and stories, as well as mindfulness activities, all of which will help improve strength, flexibility, and resilience. Weather-permitting, some of our yoga classes will take place outside! Yoga dances and freeze dances could also happen at any moment! Join us for the fun, challenge, and relaxation of Malachi's yoga classes

Malachi Leopold is an experienced Yoga instructor and community leader. Combining his own passions and background, he integrates creative storytelling, nature-based themes and experiences, and a sense of fun and adventure into teaching kids yoga in a way they find safe, accessible, useful, and joyous. This year at BAM, he will lead students on a journey to improve their strength, flexibility, and mindfulness, while nurturing resilience and reducing the stress inherent to the challenges facing students. Participating in Malachi's Yoga classes will help students feel better connected to their own bodies and to their communities.

Info: Malachi Gillihan
maleopold@gmail.com

Grade K
Monday, 2:25pm-3:25pm
Stage

Grades 1-5
Monday, 3:30pm-4:30pm OR
Mondays, 4:35pm-5:35pm,
Stage

Class Size: Max 12 (12 Classes)

Fee: \$165
Partial scholarship: \$141

BAM ENRICHMENT CLASS SCHEDULE

Spring 2020: February 10th-May 22nd

	Monday	Tuesday	Wednesday	Thursday	Friday
			EARLY RELEASE		
2:25-3:25 <u>EXCEPT</u> Wed. 2:35-3:35	Chorus K <i>Room B-7</i> Yoga K <i>Stage</i>	Cooking K <i>Cafeteria</i> Jedi Engineering with Lego K <i>Room B-7</i>	Math Games and Puzzles K-1 <i>Room B-7</i> Kickboxing K-5 <i>Stage/MPR</i> Graphic Novels 1-5 <i>Room 205</i>	Soccer K <i>Big Yard</i> Gesture Drawing K <i>MPR-Stage</i>	Mocha K <i>Room B-7</i>
3:30-4:30 <u>EXCEPT</u> Wed. 3:40-4:40	Chorus 1-2 <i>Room B-7</i> Henna 4-5 <i>Room B-1</i> Yoga 1-5 <i>Stage</i> Ultimate Frisbee 3-5 <i>Big Yard</i>	*Cooking 1-5 3:35-4:35 <i>Cafeteria</i> *Jedi Master Engineering 1-5 <i>Room B-7</i>	Math Games and Puzzles 2-3 <i>Room B-7</i> Kickboxing K-5 <i>Stage/MPR</i> Graphic Novels 1-5 <i>Room 205</i>	Soccer 1-2 <i>Big Yard</i> Chess, 2-5 <i>Room 111</i>	Chorus 3-5 <i>Room 104</i> Mocha 1-5 <i>Room B-7</i> Magic 1-5 <i>Stage/MPR</i> Tennis 1-5 <i>Small Yard</i>
4:35-5:35	Yoga 1-5 <i>Stage</i>			Chess 2-5 <i>Room 111</i> Soccer 3-5 <i>Big Yard</i>	Mocha 1-5 <i>Room B-7</i> Magic 1-5 <i>Stage/MPR</i> Tennis 1-5 <i>Small Yard</i>

*Denotes different class start/end time